

Curriculum Vitae



Personal Data

First name: tahere

Family name: ghotbi

Date of Birth: ۱۹۸۴

Place of Birth: Shiraz

Nationality: Iran

Marital status: married

Work Address

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Academic Background

Degree	Subject	Place	Date
M.Sc	Nursing	<i>University of social welfare and</i>	۲۰۰۹-۲۰۱۱

rehabilitation (Iran)

B.Sc. Nursing Shiraz University of Medical Sciences(Iran) ۲۰۰۷-۲۰۰۹

A.D surgical technologist Shiraz University of Medical Sciences(Iran) ۲۰۰۲-۲۰۰۴

Thesis / Dissertations:

MSc: the effect of education of self care behaviors based on family-centered empowerment model in type ۲ diabetes

Teaching Experience

Medical Surgical Nursing ۱-۴ theoretical&clinical course for Nursing for Students, from ۲۰۱۱ to ۲۰۱۵ in Shiraz University of Medical Sciences.

Mental health Psychiatric Nursing ۱,۲ for Nursing for Students, from ۲۰۱۱ to ۲۰۱۹ in Shiraz University of Medical Sciences.

Social psychology for Nursing for Students, from ۲۰۱۱ to ۲۰۱۲ in Shiraz University of Medical Sciences.

Basic nursing skills (theoreticalcourse) for Nursing for Students, from ۲۰۱۱ to now in Shiraz University of Medical Sciences.

Basic nursing skills (Practical course) from ۲۰۱۱ to now in Shiraz University of Medical Sciences.

Community health Nursing(۱-۲) for Nursing for Students, from ۲۰۱۴ to ۲۰۱۵ in Shiraz University of Medical Sciences.

Publications (Journals):

۱ - Ghotbi, T. "Seyed Bagher Maddah S, Dalvandi A, Arsalani N, Farzi M. The effect of education of self care behaviors based on family-centered empowerment model in type II diabetes." *Journal of Shahid Beheshti School of Nursing and Midwifery* ۲۳.۸۳ (۲۰۱۳): ۴۳-۵۰.

۲- Ghotbi, T., Salami, J., Kalteh, E.A., Ghelichi-Ghojogh, M. Self-management of patients with chronic diseases during COVID19: A narrative review. Journal of Preventive Medicine and Hygiene. ۲۰۲۱ . ۶۲(۴), pp. E۸۱۴-E۸۲۱.

۳- Anna-Lena Mueller, Aranka Brockmueller, Niusha Fahimi, Tahere Ghotbi, Sara Hashemi, et al. Bacteria-Mediated Modulatory Strategies for Colorectal Cancer Treatment. Biomedicines, ۱۰(۴). ۲۰۲۱

۴- Poudineh M, Ghotbi T, Azizi F, Karami N, Zolfaghari Z, Gheisari F, Poudineh S: Neuropharmaceutical Properties of Naringin Against Alzheimer's and Parkinson's Diseases, A Narrative Review on Literature". Galen Medical Journal.(acceptance). ۲۰۲۲

۵- Ghotbi T, Arsalani N, Seyed Baqer Maddah Sadat Effect of Self-Care Program on Mobility and Physical Activity in People with Type II Diabetes. Journal of Diabetes Nursing pISSN: ۲۳۴۵-۰۵۰۲۰۲۰۲۲; Volume 10 Number 2.

۶- Mohammad Rafi Bazrafshan, Behnam Masmouei, Tahereh Ghotbi, Javad Salami

The Effect of Spiritual Intervention based on the Sound Heart Model on reducing depression and anxiety in people exposed to Covid - ۱۹: A review study. teb va tazkiye(acceptance)

۷- Effect of emotional freedom technique on resilience in nurses working in lamerd hospitals. research project, in progress ۲۰۲۲.

Work Experience:

۲۰۰۴-۲۰۰۹ :The surgical technologist at vliasar hospital, lamerd.

۲۰۱۰-۲۰۱۵: Education in lamerd nursing school.

۲۰۱۵-۲۰۱۶: Supervisor of infection control at vliasar hospital, lamerd.

۲۰۱۵-۲۰۱۶: clinical Supervisor at vliasar hospital, lamerd.

۲۰۱۶-now: head of education & Faculty member of lamerd Nursing school.

Honors and Awards

١. Top student of Shiraz University of Medical Sciences. ٢٠٠٣
٢. Provincial top employee. ٢٠١٩.
- ٣-Received various awards at the university and faculty level. ٢٠٠٣ to now

Skills:

Language Skills: English ; Reading / Writing/speaking